

Commercial PPO and EPO plans

Aetna
Anthem Blue Cross
Blue Shield
Cigna
HealthNet
PacifiCare
United Healthcare

Commercial HMO Plans (through SLO Select IPA)

Aetna
Anthem Blue Cross
Blue Shield
Blue Shield Net Value
Cigna
HealthNet
PacifiCare

Other

GEHA
Marian Health Services/ CHW
Tricare

Senior Health Plans

Medicare
Medicare Advantage Private Fee-For-Service (PFFS) plans.
Medicare Advantage PPO plans with the above listed contracted carriers (Aetna, Anthem Blue Cross, Cigna, HealthNet, PacifiCare and United HealthCare).

Senior HMO Health Plans (Through SLO Select IPA)

HealthNet Seniority Plus
Secure Horizons

Vision Plans

Medical Eye Services (MES)
OptumHealth/Spectera
Vision Service Plan (VSP)

Please call our office if you have any questions about whether we are contracted with your insurance. We would be happy to assist you.